GBS Health & Wellness

Coronavirus & Disease Prevention Resources for Employers

The evolution of the COVID-19 epidemic is constantly evolving. The information in this document is based on information known at this time. As you communicate with your employees and look to make policy updates, GBS recommends that you reference real-time data from resources such as the Centers for Disease Control and Prevention (CDC) or National Institute for Allergy and Infectious Disease (NIAID). Local health departments are also releasing up-to-date information pertaining to your specific region.

On behalf of the GBS Clinical and Wellness teams, we want to share a few helpful resources in light of the recent concerns with the spread of coronavirus. Though the health risk to the general public in the US is currently considered low, the following can be used to protect your workplace and valued associates from contracting and spreading the virus.

Remind your coworkers of these six simple tips:

- Stay home when sick
- Avoid close contact with people who are sick
- Cover your coughs and sneezes
- Wash your hands
- Frequently clean touched surfaces and objects
- Be prepared and informed

Health departments are recommending the following measures in the event one of your associates needs to be isolated or quarantined and monitored by public health due their exposure to novel coronavirus:

- Provide options for social distancing in the workplace. If you can keep at-risk individuals six feet away from other employees, it is safe for them to return to work.
- Provide options for at-risk employees to telecommute during their quarantine or isolation period.
- If telecommuting options are not available, consider offering paid administrative leave. Employees will be less likely to follow quarantine and isolation recommendations if they are required to use their own paid time off benefits.

Please use the following resources for more information on COVID-19, and preventing the spread of viruses.

Resources from the Centers for Disease Control

- What You Need to Know About Coronavirus
- What to Do if You're Sick with Coronavirus
- Symptoms of Coronavirus Disease 2019 - Poster
- Stop the Spread of Germs - Poster

Resources from GBS

- Novel Coronavirus Information Flyer
- Prevent the Spread of Viruses Informational Flyer