

# The 24 Character Strengths

The VIA Institute on Character

## Classifications of Character Strengths & Virtues

<u>Wisdom</u>	<u>Transcendence</u>	<u>Temperance</u>
<ul style="list-style-type: none"><li>› <b>Creativity</b> <i>original &amp; adaptive, clever, a problem solver, sees &amp; does things differently</i></li><li>› <b>Curiosity</b> <i>interested, explores new things, open to new ideas</i></li><li>› <b>Judgement</b> <i>a critical thinker, thinks things through, open-minded</i></li><li>› <b>Love of Learning</b> <i>masters new skills &amp; topics, systematically adds to knowledge</i></li><li>› <b>Perspective</b> <i>wise, provides wise counsel, takes the big picture view</i></li></ul>	<ul style="list-style-type: none"><li>› <b>Appreciation of Beauty &amp; Excellence</b> <i>feels awe &amp; wonder in beauty, inspired by goodness of others</i></li><li>› <b>Gratitude</b> <i>thankful for the good, expresses thanks, feels blessed</i></li><li>› <b>Hope</b> <i>optimistic, future-minded</i></li><li>› <b>Humor</b> <i>playful, brings smiles, light-hearted</i></li><li>› <b>Spirituality</b> <i>searches for meaning, feels a sense of purpose, senses a relationship with the sacred</i></li></ul>	<ul style="list-style-type: none"><li>› <b>Forgiveness</b> <i>merciful, accepts others' shortcomings, gives people a second chance</i></li><li>› <b>Humility</b> <i>modest, lets one's accomplishments speak for themselves</i></li><li>› <b>Prudence</b> <i>careful, cautious, doesn't take undo risk</i></li><li>› <b>Self-Regulation</b> <i>self-controlled, manages impulses &amp; emotions</i></li></ul>
<u>Courage</u>	<u>Humanity</u>	<u>Justice</u>
<ul style="list-style-type: none"><li>› <b>Bravery</b> <i>shows valor, doesn't shrink from fear, speaks up for what is right</i></li><li>› <b>Perseverance</b> <i>persistent, industrious, finishes what one starts</i></li><li>› <b>Honesty</b> <i>authentic, trustworthy, sincere</i></li><li>› <b>Zest</b> <i>enthusiastic, energetic, doesn't do things half-heartedly</i></li></ul>	<ul style="list-style-type: none"><li>› <b>Love</b> <i>warm &amp; genuine, values close relationships</i></li><li>› <b>Kindness</b> <i>generous, nurturing, caring, compassionate, altruistic</i></li><li>› <b>Social Intelligence</b> <i>aware of the motives &amp; feelings of others, knows what makes others tick</i></li></ul>	<ul style="list-style-type: none"><li>› <b>Teamwork</b> <i>team player, socially responsible, loyal</i></li><li>› <b>Fairness</b> <i>just, doesn't let feelings bias decisions about others</i></li><li>› <b>Leadership</b> <i>organizes group activities, encourages a group to get things done</i></li></ul>

