

Caramel Apple Yogurt Bark

Serves 2 to 3

Ingredients

- 2 cups vanilla Greek yogurt
- 1 apple, finely diced
- 2 tablespoons granola
- 1 tablespoon peanut butter or almond butter
- ½ teaspoon cinnamon
- 1 tablespoon maple syrup (optional)

Directions

1. Line a small baking sheet, tray, or dish with parchment paper.
2. Spread the Greek yogurt into an even layer, about ¼-inch thick.
3. Sprinkle the diced apple evenly over the yogurt.
4. Top with granola and a sprinkle of cinnamon.
5. Drizzle with peanut butter and maple syrup, if using.
6. Freeze for 2 to 3 hours, or until firm.
7. Break into pieces and serve immediately. Store leftovers in an airtight container in the freezer.



💡 Make a batch ahead of time and keep it in the freezer for an easy grab-and-go treat!